

Pain Management

Alternating Tylenol and Motrin (Ibuprofen) for Pain

If you are experiencing any kind of severe pain, alternating Tylenol and Motrin can provide more relief than taking either medication alone.

- When alternating these medications, start by taking 600 mg of Motrin, and after 4 hours, take 500 mg of Tylenol.
- If this does not completely relieve the pain, repeat this cycle up to the maximum dose of each medicine per day.
- If you get absolutely no relief from this method, be sure to contact our office.

Warnings:

- Motrin should not be taken more than 4 times a day.
- Tylenol should not be taken more than 4 times a day.
- If a patient has a fever over 101, please contact our office immediately.