

## What to Expect After Getting Porcelain Veneers

After receiving porcelain veneers, you may experience some dental sensitivity to hot and cold temperatures. You can help mitigate this by using a toothpaste that is specifically formulated to help with sensitivity. This should go away within one to two weeks. However, if this sensitivity persists, be sure to call our office for help.

We also recommend that our veneers patients wear a nightguard to bed to help protect their treatment from nocturnal teeth grinding, or bruxism. Brushing and flossing, along with routine dental visits, will help keep the veneers looking great and the underlying teeth strong, ensuring that your new smile last for decades to come.

If you have any questions about maintaining your porcelain veneers, be sure to give us a call today.